

COFFEE MORNING

Millbrook Infant School and Millbrook Junior School

The SENDCos of both schools invite you to our new monthly coffee mornings for parents and carers. This will be a chance to chat with other parents/carers and find out information about support for you and your child.

**Monday 22nd January 2024
9am-10am at Millbrook Infant School**

All welcome



Spring Term coffee mornings

22.1.24 - **Supporting your child with behaviour and routine** - we will be joined by Abigail McKim-Hay (Healthy Child Practitioner from the School Nursing Service)

12.2.24 - **Zones of Regulation** - how we use this in both schools to support children to talk about how they're feeling and ideas for using at home

18.3.24 - **Wellbeing** - ideas to support your child with wellbeing

Please RSVP via the school office at Millbrook Infant School or Millbrook Junior School offices, or to:

Nicola Farnworth (sendco@millbrookjuniors.co.uk) or
Emily Bryan (senco@millbrook-inf.northants-ecl.gov.uk)

We hope to see you there!

